

# PRESSED

## BREAKFAST

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Served on a bagel, croissant, or english muffin

### Breakfast Sandwich

Choice of sausage or bacon, cheese

### Healthy Sandwich

Egg white, spinach, cheese

### Healthy + Sandwich

Egg white, turkey sausage, cheese

### Toasted Bagel with Cream Cheese

## PANINIS

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### Chicken Bacon Panini

Chicken breast, bacon, avocado, roasted red pepper, ranch dressing, and pepper jack cheese with a pickle spear

### Ham and Swiss Panini

Ham, honey mustard, tomato, Swiss cheese with a pickle spear

### Turkey and Swiss Panini

Applewood smoked turkey, tomato, jalapeno mustard, Swiss cheese with a pickle spear

### Roast Beef & Cheddar Cheese

Caramelized onions, mustard dijon, cheddar cheese with a pickle spear

### Avocado Veggie Panini

Portobello mushrooms, cherry tomatoes, chopped kale, avocado and melted provolone cheese

## GRAB-AND-GO ITEMS

### WRAPS

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#### Veggie Wrap

Tomato, onions, cucumber, lettuce mix, feta cheese, Kalamata olives and Greek vinaigrette

#### Chicken Club Wrap

Grilled chicken, bacon, shredded American cheese, lettuce, diced tomatoes

### SALADS

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#### Chef Salad

Bed of mixed greens with sliced ham, turkey, cheese, tomatoes, carrots & croutons

#### Apple Harvest Chicken Salad

Bed of mixed greens, chicken breast, diced Granny Smith apples, walnuts, feta cheese and dried cranberries, served with dressing recipe

#### Greek Chicken Salad

Bed of mixed greens, chicken breast, tomatoes, cucumbers, red onion and Kalamata olives tossed in a Greek vinaigrette

### EXTRAS

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Yogurt Parfait

Boiled Eggs (2)

Fresh Seasonal Fruit Cup

Muffins

Cookies

Assorted Daily Pastries

Chips