

PRESSED: Paninis & Coffee

BREAKFAST

Served all day on your choice of **bagel**, **croissant**, or **english muffin**. All sandwiches come with apple slices.

Breakfast Sandwich	\$6.25
Choice of sausage, ham, or bacon (+\$1) with egg and cheese	
Healthy Sandwich	\$6.75
Egg white, spinach, and cheese	
Healthy Plus Sandwich	\$7.75
Egg white, turkey sausage, and cheese	
Toasted Bagel with cream cheese	\$3.00
Avocado Toast	\$4.00
Yogurt Parfait	\$7.25
Boiled Eggs (2)	\$1.25

LUNCH

Served all day on your choice of bread: **white**, **wheat**, **sourdough**, **ciabatta**, or on a **wrap**.

BLAT	\$8.00
Bacon, lettuce, avocado and tomato with oregano and mayo	
Chicken Bacon Panini	\$9.00
Grilled chicken, bacon and avocado, with pepper jack cheese and roasted red pepper ranch	
Turkey Swiss	\$9.00
Turkey, tomato, swiss cheese, pesto, lettuce and mayo	
Chicken Caprese Panini	\$9.00
Chicken, mozzarella, tomato, spring mix, and balsamic reduction	
Caprese Panini (Vegetarian)	\$6.00
Mozzarella cheese, tomato, pesto, spring mix, and balsamic reduction	
Italian Chicken Melt	\$9.00
Grilled chicken, grilled onions, spring mix, pesto, and mozzarella	
Grilled Cheese (Vegetarian)	\$5.00
Mozzarella and cheddar jack cheese blend	
Milan	\$8.00
Ham, turkey, provolone, swiss, tomato, spring mix, dressed with oil and red wine vinegar	
Mediterranean Veggie	\$6.00
Feta cheese, cucumber, red onion, roasted red peppers, and spring mix with tomato hummus and pesto	

GRAB & GO

Chicken Club Wrap	\$7.50
Grilled chicken, bacon, lettuce, tomatoes, and cheddar jack cheese with ranch dressing	
Chef Salad	\$12.50
Mixed greens with sliced ham, turkey, cheese, tomatoes, carrots, and croutons	
Apple Harvest Chicken Salad	\$7.50
Mixed greens, sliced chicken breast, diced apples, walnuts, and feta cheese with dried cranberries	
Greek Chicken Salad	\$5.50
Mixed greens, sliced chicken breast, tomatoes, cucumbers, red onion, and kalamata olives tossed in a vinaigrette	
Salad Bar	\$ By Weight

SIDES & EXTRAS

Seasonal Soup	\$6.00
Pasta Salad (Vegetarian)	\$2.00
Potato Salad	\$2.00
Fresh Seasonal Fruit Cup	\$4.25
Chips	\$1.75
Coffee Cake	\$5.00
Cookie	\$2.50

DRINKS

Bottled Soda/Juice/PowerAid	\$2.50
Bottled Water	\$1.50

COFFEE DRINKS

Served in sizes small (12 oz), medium (16 oz), and large (24 oz)

	S	M	L
Batch Brew	\$2.50	\$2.75	\$3.00
Americano	\$2.75	\$3.00	\$3.50
Cappucino	\$3.50	\$3.95	\$4.50
Latte	\$3.50	\$4.25	\$4.75
Frappe	\$3.50	\$3.95	\$4.50
Mocha	\$4.75	\$5.00	\$5.75
White Mocha	\$4.75	\$5.00	\$5.75
Espresso \$2.50 Add't Espresso Shot			\$0.75

COFFEE FLAVORS

Add flavor to drink \$0.50 | *Sugar Free Option Available

Vanilla *	Irish Cream	Peppermint
Caramel *	Raspberry	Gingerbread
Hazelnut	Pumpkin Spice	