



# Dining Facility Monthly Menu

■ High Performance Foods:  
Eat Often

■ Moderate Performance Foods:  
Eat Occasionally

■ Performance Limiting Foods:  
Eat Rarely

1-Apr

## LUNCH MENU

- Roasted Pork Tenderloin
- Citrus Herb Chicken
- Mediterranean Salmon
- Roasted Potatoes
- Brown Rice
- Roasted Cauliflowers
- Peas
- Broccoli Polonaise
- Cole Slaw
- Chicken Tortilla Soup
- Minestrone Soup
- Vegan Lentil
- Snack Line Special
- Hot Wings
- Chicken Salad Sandwich

## DINNER MENU

- Baked Salmon
- Grilled Steak
- Portobello Mushrooms Fajitas
- Rice Pilaf
- Baked Beans
- Spinach
- Cajun Style Vegetables
- Scallop Corn
- Cole Slaw
- Chicken Tortilla Soup
- Minestrone Soup
- Vegan Lentil
- Snack Line Special
- Hot Wings
- Chicken Salad Sandwich

2-Apr

## LUNCH MENU

- Country Style Steak
- Baked Chicken
- Fried Catfish
- Boston Baked Beans
- Brown Rice
- Corn on the Cob
- Pea's w/ Mushrooms & Onions
- Stewed Tomatoes
- Potato Salad
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Pizza
- Turkey Panni

## DINNER MENU

- Chicken & Broccoli Stir Fry
- Shrimp Kabob
- Teriyaki Steak
- Steamed Rice
- Roasted Red Potatoes
- Asian Stir Fry Cabbage
- Corn O'Brien
- Herb Green Beans
- Potato Salad
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Pizza
- Turkey Panni

3-Apr

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**LUNCH MENU**

- Grilled Pork Chops
- Creole Shrimp
- Creole Baked Chicken
- Wild Rice
- Mashed Potatoes
- Garlic Sauteed Spinach
- Mixed Vegetables
- Garlic Peas
- Macaroni Salad
- Shrimp Gumbo
- Garden Vegetable Soup
- Chicken Chili
- Snack Line Special
- Cheese Fishwich
- Tuna Salad Sandwich

**DINNER MENU**

- Italian Broccoli Pasta
- Savory Baked Chicken
- Parmesan Fish
- Italian Style Baked Beans
- Oven Browned Potatoes
- Roasted Cauliflower
- Carrots on the Griddle
- Broccoli
- Macaroni Salad
- Shrimp Gumbo
- Garden Vegetable Soup
- Chicken Chili
- Snack Line Special
- Cheese Fishwich
- Tuna Salad Sandwich

4-Apr

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**LUNCH MENU**

- Beef Stew
- Pork Schnitzel
- Lemon Pepper Catfish
- Steamed Rice
- Noodles Jefferson
- Roasted Corn
- Herb Green Beans
- Roasted Brussel Sprouts
- Carrot Salad
- Broccoli & Cheese Soup
- Chicken Noodle Soup
- Angus Steak Chili
- Snack Line Special
- BLT Sandwich
- Baked Beans

**DINNER MENU**

- Crispy Baked Chicken
- Swedish Meat Balls
- Sweet & Spicy Salmon
- Baked Sweet Potatoes
- Red Beans & Rice
- Southern Collard Greens
- Broccoli
- Stewed Tomatoes
- Carrot Salad
- Broccoli & Cheese Soup
- Chicken Noodle Soup
- Angus Steak Chili
- Snack Line Special
- BLT Sandwich
- Baked Beans

5 Apr

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**EASTER HOLIDAY LUNCH MENU**

- Grilled Pork Chops
- Blackened Shrimp
- Herbed Baked Chicken
- Au Gratin Potatoes
- Brown Rice
- Carrots on the Griddle
- Green Beans w/Mushrooms
- Asparagus
- Italian Pasta Salad
- Chicken Tortilla Soup
- Minestrone Soup
- Vegan Lentil
- Snack Line Special
- Italian Sausage
- Chicken Salad Sandwich

**DINNER MENU**

- Roast Beef
- Chicken Cacciatore
- Pasta Provencal
- Dirty Rice
- Mashed Potatoes
- Black Eyed Peas
- Carrots on the Griddle
- Mixed Vegetables
- Fruit Salad
- Chicken Tortilla Soup
- Minestrone Soup
- Vegan Lentil
- Snack Line Special
- Italian Sausage
- Chicken Salad Sandwich

6-Apr

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**LUNCH MENU**

- Beef Teriyaki
- Tuscan Chicken
- Creole Fish
- Jalapeno Rice
- Roasted Pepper Potatoes
- Pea's w/ Mushrooms
- Roasted Cauliflower
- French Style Green Beans
- Cucumber and Onion Salad
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Sloppy Joes
- Pesto Sandwich

**DINNER MENU**

- Chicken Ala King
- Baked Fish
- Pasta Primavera
- O'Brien Potatoes
- Quinoa Southwest Pilaf
- Hacienda Corn & Black Beans
- Peas
- Stewed Tomatoes
- Cucumber and Onion Salad
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Sloppy Joes
- Pesto Sandwich

7-Apr UTA Weekend

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**LUNCH MENU**

- Honey Ginger Chicken
- Pepper Steak
- Tuna Noodles
- Steamed Rice
- Roasted Redskin Potatoes
- Braised Cabbage
- Mexican Corn
- Rosemary Mushrooms
- Pasta Salad
- Shrimp Gumbo
- Garden Vegetable Soup
- Chicken Chili
- Snack Line Special
- Tacos
- Grilled Beef and Provolone

**DINNER MENU**

- Honey Sriracha Chicken
- Baked Salmon
- Caribbean Curry Beef
- Steamed Rice
- Garlic Mashed Potatoes
- Herb Green Beans
- Fried Okra
- Braised Cabbage
- Pasta Salad
- Shrimp Gumbo
- Garden Vegetable Soup
- Chicken Chili
- Snack Line Special
- Tacos
- Grilled Beef and Provolone

8-Apr UTA Weekend

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**LUNCH MENU**

- Mexican Baked Chicken
- Baja Fish Tacos
- Stuffed Green Peppers
- Steamed Rice
- Hacienda Potatoes
- Corn Combo
- Sesame Glazed Green Beans
- Savory Summer Squash
- Cole Slaw
- Broccoli & Cheese Soup
- Chicken Noodle Soup
- Angus Steak Chili
- Snack Line Special
- Hot Wings
- Chicken Salad Sandwich

**DINNER MENU**

- Basil Baked Fish
- Chicken & Dumplings
- Veal Parmesan
- Mashed Potatoes
- Jefferson Noodles
- Carrots
- Broccoli Parmesan
- Corn
- Cole Slaw
- Broccoli & Cheese Soup
- Chicken Noodle Soup
- Angus Steak Chili
- Snack Line Special
- Hot Wings
- Chicken Salad Sandwich

9-Apr

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**LUNCH MENU**

- Cajun Chicken
- Onion Lemon Baked Fish
- Simmered Beef
- Dirty Rice
- Roasted Pepper Potatoes
- Carrots on the Griddle
- Creole Green Beans
- Fried Okra
- Potato Salad
- Chicken Tortilla Soup
- Minestrone Soup
- Vegan Lentil
- Snack Line Special
- Pizza
- Garden Turkey Sandwich

**DINNER MENU**

- Harvest Veg & Bean Ragout
- Grilled Pork Chops
- Cajun Meatloaf
- Red Beans & Rice
- Crispy Potato Wedges
- Corn on the Cob
- Cajun Style Vegetables
- Pea's w/ Onions
- Potato Salad
- Chicken Tortilla Soup
- Minestrone Soup
- Vegan Lentil
- Snack Line Special
- Pizza
- Garden Turkey Sandwich

10-Apr

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**LUNCH MENU**

- Baked Salmon
- Pineapple BBQ Meatballs
- Honey Mustard Chicken
- Steamed Rice
- Rissole Potatoes
- Callico Corn
- Mixed Vegetables
- Roasted Cauliflower
- Macaroni Salad
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Cheese Fishwich
- Tuna Salad Sandwich

**DINNER MENU**

- Spinach Lasagna
- Savory Baked Chicken
- Pork Carnitas
- Italian Baked Beans
- Cilantro Lime Brown Rice Pilaf
- Broccoli
- Mexican Corn
- Squash Gratin
- Macaroni Salad
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Cheese Fishwich
- Tuna Salad Sandwich

11-Apr

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**LUNCH MENU**

- Turkey & Spinach Meatloaf
- Crispy Baked Chicken
- Parmesan Fish
- Roasted Rosemary Potatoes
- Orzo w/ Lemon Herbs
- Roasted Carrots w/ Rosemary
- Brussel Sprouts
- Broccoli Polonaise
- Carrot Salad
- Shrimp Gumbo
- Garden Vegetable Soup
- Chicken Chili
- Snack Line Special
- BLT Sandwich
- Baked Beans

**DINNER MENU**

- Teriyaki Chicken
- Stuffed Green Peppers
- Baked Stuffed Fish
- Steamed Rice
- Baked Sweet Potatoes
- Grilled Asparagus
- Pea's w/Mushrooms
- Carrots
- Carrot Salad
- Shrimp Gumbo
- Garden Vegetable Soup
- Chicken Chili
- Snack Line Special
- BLT Sandwich
- Baked Beans

12-Apr

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**LUNCH MENU**

- Honey Ginger Chicken
- Salisbury Steak
- Fried Shrimp
- Southern Style Sweet Potatoes
- Boston Baked Beans
- Collard Greens
- Scalloped Corn
- Mixed Vegetables
- Fruit Salad
- Broccoli & Cheese Soup
- Chicken Noodle Soup
- Angus Steak Chili
- Snack Line Special
- Italian Sausage
- Chicken Salad Sandwich

**DINNER MENU**

- Baked Chicken
- Southwestern Shrimp Linguine
- Beef Bulgogi
- Brown Rice
- Garlic Mashed Potatoes
- Herbed Green Beans
- Fried Okra
- Braised Cabbage
- Fruit Salad
- Broccoli & Cheese Soup
- Chicken Noodle Soup
- Angus Steak Chili
- Snack Line Special
- Italian Sausage
- Chicken Salad Sandwich

13-Apr

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**LUNCH MENU**

- Chicken Fajitas
- Baked Fish
- Pasta Primavera
- O'Brien Potatoes
- Quinoa Southwest Pilaf
- Hacienda Corn & Black Beans
- Stewed Tomatoes
- Savory Summer Squash
- Cucumber and Onion Salad
- Chicken Tortilla Soup
- Minestrone Soup
- Vegan Lentil
- Snack Line Special
- Sloppy Joes
- Pesto Sandwich

**DINNER MENU**

- Creole Fish
- Stir Fry Chicken w/ Broccoli
- Teriyaki Steak
- Steamed Rice
- Roasted Pepper Potatoes
- Pea's w/ Mushrooms
- Roasted Cauliflower
- French Style Green Beans
- Cucumber and Onion Salad
- Chicken Tortilla Soup
- Minestrone Soup
- Vegan Lentil
- Snack Line Special
- Sloppy Joes
- Pesto Sandwich

14-Apr

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**LUNCH MENU**

- Roast Beef
- Turkey Spaghetti
- Pork Chops w/ Pineapple Gaze
- Mashed Potatoes
- Rice Pilaf
- Brussel Sprouts
- Cream Corn
- Roasted Zucchini & Tomatoes
- Pasta Salad
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Tacos
- Grilled Beef and Provolone

**DINNER MENU**

- Turkey Nuggets
- Beef Stew
- Onion Lemon Baked Fish
- Wild Rice
- Oven Browned Potatoes
- Carrots
- Snow Peas
- Grilled Asparagus
- Pasta Salad
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Tacos
- Grilled Beef and Provolone

15-Apr

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**LUNCH MENU**

- Sweet & Spicy Orange Salmon
- Chili Mac
- Chicken Kabobs
- Brown Rice
- Cottage Fried Potatoes
- Peas & Carrots
- Green Beans w/ Mushrooms
- Calico Corn
- Cole Slaw
- Shrimp Gumbo
- Garden Vegetable Soup
- Angus Steak Chili
- Snack Line Special
- Hot Wings
- Chicken Salad Sandwich

**DINNER MENU**

- BBQ Chicken
- Pepper Steak
- Fried Shrimp
- Quinoa Garden Pilaf
- Roasted Peppers Potatoes
- Braised Cabbage
- Fried Okra
- Garlic Peas
- Cole Slaw
- Shrimp Gumbo
- Garden Vegetable Soup
- Angus Steak Chili
- Snack Line Special
- Hot Wings
- Chicken Salad Sandwich

16-Apr

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**LUNCH MENU**

- Almond Crusted Cod
- Hamburger Yakisoba
- Herb Baked Chicken
- Lyonnaise Potatoes
- Steamed Rice
- Roasted Brussel Sprouts
- Corn O'Brien
- French Style Peas
- Potato Salad
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Pizza
- Turkey Panni

**DINNER MENU**

- Pork Schnitzel
- Onion Lemon Baked Fish
- Chicken Gumbo
- Brown Rice
- Mashed Potatoes
- Carrots
- Green Beans
- Broccoli Polonaise
- Potato Salad
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Pizza
- Turkey Panni

17-Apr

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**LUNCH MENU**

- BBQ Beef Cubes
- Greek Lemon Chicken
- Basil Baked Fish
- Orzo Lemon Herb
- Steamed Rice
- Grilled Asparagus
- Broccoli Combo
- Black Eyed Peas
- Macaroni Salad
- Chicken Tortilla Soup
- Minestrone Soup
- Vegan Lentil
- Snack Line Special
- Cheese Fishwich
- Tuna Salad Sandwich

**DINNER MENU**

- Cheese Tortellini
- Pineapple BBQ Meatballs
- Maple Glazed Salmon
- Islander Rice
- O'Brien Potatoes
- French Style Green Beans
- Vegetables Medley
- Roasted Cauliflower
- Macaroni Salad
- Chicken Tortilla Soup
- Minestrone Soup
- Vegan Lentil
- Snack Line Special
- Cheese Fishwich
- Tuna Salad Sandwich

18-Apr

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**LUNCH MENU UTA Weekend**

- Lemon Pepper Baked Chicken
- Caribbean Catfish
- Braised Beef & Noodles
- Harvest Blend Rice
- Buttered Noodles
- Scalloped Corn
- Roasted Butternut Squash
- Herbed Green Beans
- Carrot Salad
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- BLT Sandwich
- Baked Beans

**DINNER MENU**

- Swiss Steak w/ Brown Gravy
- Green Peppers w/ Turkey
- Chicken Tenders
- Brown Rice w/Tomatoes
- Simmered Pinto Beans
- Peas
- Succotash
- Mediterranean Grilled Asparagus
- Carrot Salad
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- BLT Sandwich
- Baked Beans

19-Apr

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**LUNCH MENU UTA Weekend**

- Creole Shrimp
- Asian Beef & Bourbon
- Teriyaki Chicken
- Baked Beans
- Brown Rice
- Pea's w/ Mushrooms & Onions
- Green Beans
- Southern Style Collard Greens
- Fruit Salad
- Shrimp Gumbo
- Garden Vegetable Soup
- Angus Steak Chili
- Snack Line Special
- Italian Sausage
- Chicken Salad Sandwich

**DINNER MENU**

- Honey Siracha Chicken
- Chili Mac
- Shrimp Stir Fry
- Steamed Rice
- Baked Potatoes
- Asian Stir Fry Cabbage
- Fried Okra
- Corn Combo
- Fruit Salad
- Shrimp Gumbo
- Garden Vegetable Soup
- Angus Steak Chili
- Snack Line Special
- Italian Sausage
- Chicken Salad Sandwich

20-Apr

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**LUNCH MENU**

- Sweet Potatoes w/ Black Beans & Corn
- Black Salmon w/ Herb Vinaigrette
- Mambo Pork
- Steamed Rice
- Parsley Buttered Potatoes
- Garlic Peas
- Spinach
- Green Beans w/ Mushrooms
- Cucumber and Onion Salad
- Broccoli & Cheese Soup
- Tomato Basil Soup
- Angus Steak Chili
- Snack Line Special
- Sloppy Joes
- Pesto Sandwich

**DINNER MENU**

- Chicken Scampi
- Country Style Steak
- Pasta Primavera
- Almond Crusted Cod
- Lyonnaise Rice
- Roasted Pepper Potatoes
- Corn
- Broccoli
- Cucumber and Onion Salad
- Broccoli & Cheese Soup
- Tomato Basil Soup
- Angus Steak Chili
- Snack Line Special
- Sloppy Joes
- Pesto Sandwich

21-Apr

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**LUNCH MENU**

- Beef Stir Fry
- Mr. Z Baked Chicken
- Grilled Pork Chops
- Steamed Rice
- Orzo w/ Lemon Herbs
- Fried Okra
- Asian Cabbage Stir Fry
- Green Beans
- Pasta Salad
- Chicken Tortilla Soup
- Minestrone Soup
- Vegan Lentil
- Snack Line Special
- Tacos
- Grilled Beef and Provolone

**DINNER MENU**

- Roast Pork Tenderloin
- Ginger BBQ Chicken
- Shrimp Stir Fry
- Steamed Rice
- Baked Potato Halves
- Cabbage w/ Bacon
- Corn O'Brien
- Roasted Brussel Sprouts
- Cole Slaw
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Hot Wings
- Chicken Salad Sandwich

22-Apr

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**LUNCH MENU**

- Lasagna
- Shrimp Jambalaya
- Cajun Chicken
- Brown Rice
- Potatoes & Herbs
- Roasted Butternut Squash
- Honey peapods & Carrots
- Creole Green Beans
- Cole Slaw
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Hot Wings
- Chicken Salad Sandwich

**DINNER MENU**

- Roast Pork Tenderloin
- Ginger BBQ Chicken
- Shrimp Stir Fry
- Steamed Rice
- Baked Potato Halves
- Cabbage w/ Bacon
- Corn O'Brien
- Roasted Brussel Sprouts
- Cole Slaw
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Hot Wings
- Chicken Salad Sandwich

23-Apr

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**LUNCH MENU**

- Grilled Salmon w/Citrus Butter
- Meat Loaf
- Parmesan Chicken
- Spicy Brown Rice
- Mashed Potatoes Wedges
- Broccoli
- Herbed Green Beans
- Carrots
- Potato Salad
- Shrimp Gumbo
- Garden Vegetable Soup
- Chicken Chili
- Snack Line Special
- Pizza
- Turkey Panni

**DINNER MENU**

- Hot & Spicy Chicken
- Pasta Tuscona
- Cantonese Ribs
- Crispy Potato Wedges
- Quinoa Garbanzo Beans
- Fried Okra
- Green Beans w/ Mushrooms
- Cream Style Corn
- Potato Salad
- Shrimp Gumbo
- Garden Vegetable Soup
- Chicken Chili
- Snack Line Special
- Pizza
- Turkey Panni

24-Apr

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**LUNCH MENU**

- Polish Sausage
- Basil Baked Fish
- Spaghetti w/ Meatballs
- Buttered Parsley Potatoes
- Steamed Rice
- Roasted Pepper & Onions
- Roasted Brussels Sprouts
- Mixed Vegetables
- Macaroni Salad
- Broccoli & Cheese Soup
- Chicken Noodle Soup
- Angus Steak Chili
- Snack Line Special
- Cheese Fishwich
- Tuna Salad Sandwich

**DINNER MENU**

- Baked Fish w/ Lemon Garlic Butter
- Chicken Lime Tacos
- Braised Beef & Noodles
- Garlic Mashed Potatoes
- Mexican Rice
- Mexican Street Corn
- Ginger Glazed Carrots
- Green Beans
- Macaroni Salad
- Broccoli & Cheese Soup
- Chicken Noodle Soup
- Angus Steak Chili
- Snack Line Special
- Cheese Fishwich
- Tuna Salad Sandwich

25-Apr

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**LUNCH MENU**

- Lasagna
- Shrimp Jambalaya
- Cajun Chicken
- Brown Rice
- Potatoes & Herbs
- Roasted Butternut Squash
- Honey peapods & Carrots
- Creole Green Beans
- Cole Slaw
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Hot Wings
- Chicken Salad Sandwich

**DINNER MENU**

- Roast Pork Tenderloin
- Ginger BBQ Chicken
- Shrimp Stir Fry
- Steamed Rice
- Baked Potato Halves
- Cabbage w/ Bacon
- Corn O'Brien
- Roasted Brussel Sprouts
- Cole Slaw
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Hot Wings
- Chicken Salad Sandwich

26-Apr

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**LUNCH MENU**

- Grilled Pork Chops
- Savory Baked Chicken
- BBQ Beef Cubes
- Brown Rice
- Cottage Fried Potatoes
- Corn on the Cob
- Fried Cauliflower
- Braised Cabbage
- Carrot Salad
- Chicken Tortilla Soup
- Minestrone Soup
- Vegan Lentil
- Snack Line Special
- BLT Sandwich
- Baked Beans

**DINNER MENU**

- Chesapeake Bay Shrimp
- Chicken Kabob
- Pasta Primavera
- Glazed Sweet Potatoes
- Hopping John
- Garlic Sauteed Spinach
- Pea's w/ Onions
- French Cut Green Beans
- Carrot Salad
- Chicken Tortilla Soup
- Minestrone Soup
- Vegan Lentil
- Snack Line Special
- BLT Sandwich
- Baked Beans

27-Apr

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**LUNCH MENU**

- Greek Lemon Chicken
- Basil Baked Fish
- Pasta Primavera
- Buttered Parsley Potatoes
- Brown Rice
- Carrots
- Greek Style Vegetables
- French Style Green Beans
- Cucumber and Onion Salad
- Shrimp Gumbo
- Garden Vegetable Soup
- Chicken Chili
- Snack Line Special
- Sloppy Joes
- Pesto Sandwich

**DINNER MENU**

- Chicken Gumbo
- Braised Ribs
- Fried Shrimp
- Steamed Rice
- Orzo w/ Spinach & Tomato
- Herb Green Beans
- Peas & Carrots
- Broccoli
- Cucumber and Onion Salad
- Shrimp Gumbo
- Garden Vegetable Soup
- Chicken Chili
- Snack Line Special
- Sloppy Joes
- Pesto Sandwich

28-Apr

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**LUNCH MENU**

- BBQ Pork Loin
- Meat Loaf
- BBQ Chicken
- Baked Macaroni and Cheese
- Mashed Potatoes
- Black-Eyed Peas
- Cabbage w/ Bacon
- Corn on the Cob
- Pasta Salad
- Broccoli & Cheese Soup
- Chicken Noodle Soup
- Angus Steak Chili
- Snack Line Special
- Tacos
- Grilled Beef and Provolone

**DINNER MENU**

- Mexican Baked Chicken
- Southwestern Fish
- Beef Fajitas
- Mexican Rice
- Refried beans w/Cheese
- Hacienda Green Beans
- Mexican Corn
- Roasted Brussel Sprouts
- Pasta Salad
- Broccoli & Cheese Soup
- Chicken Noodle Soup
- Angus Steak Chili
- Snack Line Special
- Tacos
- Grilled Beef and Provolone

29-Apr

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**LUNCH MENU**

- Roasted Pork Tenderloin
- Citrus Herb Chicken
- Mediterranean Salmon
- Roasted Potatoes
- Brown Rice
- Roasted Cauliflowers
- Peas
- Broccoli Polonaise
- Cole Slaw
- Chicken Tortilla Soup
- Minestrone Soup
- Vegan Lentil
- Snack Line Special
- Hot Wings
- Chicken Salad Sandwich

**DINNER MENU**

- Baked Salmon
- Grilled Steak
- Portobello Mushrooms Fajitas
- Rice Pilaf
- Baked Beans
- Spinach
- Cajun Style Vegetables
- Scallop Corn
- Cole Slaw
- Chicken Tortilla Soup
- Minestrone Soup
- Vegan Lentil
- Snack Line Special
- Hot Wings
- Chicken Salad Sandwich

30-Apr

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**LUNCH MENU**

- Baked Salmon
- Grilled Steak
- Portobello Mushrooms Fajitas
- Rice Pilaf
- Baked Beans
- Spinach
- Cajun Style Vegetables
- Scallop Corn
- Cole Slaw
- Chicken Tortilla Soup
- Minestrone Soup
- Vegan Lentil
- Snack Line Special
- Hot Wings
- Chicken Salad Sandwich

**DINNER MENU**

- Chicken & Broccoli Stir Fry
- Shrimp Kabob
- Teriyaki Steak
- Steamed Rice
- Roasted Red Potatoes
- Asian Stir Fry Cabbage
- Corn O'Brien
- Herb Green Beans
- Potato Salad
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Pizza
- Turkey Panni

