



# Dining Facility Monthly Menu

**High Performance Foods:**  
Eat Often

**Moderate Performance Foods:**  
Eat Occasionally

**Performance Limiting Foods:**  
Eat Rarely

1-Jun

## LUNCH MENU

- Beef Teriyaki
- Tuscan Chicken
- Creole Fish
- Jalapeno Rice
- Roasted Pepper Potatoes
- Pea's w/ Mushrooms
- Roasted Cauliflower
- French Style Green Beans
- Cucumber and Onion Salad
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Sloppy Joes
- Pesto Sandwich

## DINNER MENU

- Chicken Ala King
- Baked Fish
- Pasta Primavera
- O'Brien Potatoes
- Quinoa Southwest Pilaf
- Hacienda Corn & Black Beans
- Peas
- Stewed Tomatoes
- Cucumber and Onion Salad
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Sloppy Joes
- Pesto Sandwich

2-Jun

## LUNCH MENU

- Chicken Ala King
- Baked Fish
- Pasta Primavera
- O'Brien Potatoes
- Quinoa Southwest Pilaf
- Hacienda Corn & Black Beans
- Peas
- Stewed Tomatoes
- Cucumber and Onion Salad
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Sloppy Joes
- Pesto Sandwich

## DINNER MENU

- Honey Sriracha Chicken
- Baked Salmon
- Caribbean Curry Beef
- Steamed Rice
- Garlic Mashed Potatoes
- Herb Green Beans
- Fried Okra
- Braised Cabbage
- Pasta Salad
- Shrimp Gumbo
- Garden Vegetable Soup
- Chicken Chili
- Snack Line Special
- Tacos
- Grilled Beef and Provolone

3-Jun

**LUNCH MENU**

- ☐ Mexican Baked Chicken
- ☐ Baja Fish Tacos
- ☐ Stuffed Green Peppers
- ☐ Steamed Rice
- ☐ Hacienda Potatoes
- ☐ Corn Combo
- ☐ Sesame Glazed Green Beans
- ☐ Savory Summer Squash
- ☐ Cole Slaw
- ☐ Broccoli & Cheese Soup
- ☐ Chicken Noodle Soup
- ☐ Angus Steak Chili
- ☐ Snack Line Special
- ☐ Hot Wings
- ☐ Chicken Salad Sandwich

**DINNER MENU**

- ☐ Basil Baked Fish
- ☐ Chicken & Dumplings
- ☐ Veal Parmesan
- ☐ Mashed Potatoes
- ☐ Jefferson Noodles
- ☐ Carrots
- ☐ Broccoli Parmesan
- ☐ Corn
- ☐ Cole Slaw
- ☐ Broccoli & Cheese Soup
- ☐ Chicken Noodle Soup
- ☐ Angus Steak Chili
- ☐ Snack Line Special
- ☐ Hot Wings
- ☐ Chicken Salad Sandwich

4-Jun

**LUNCH MENU**

- ☐ Cajun Chicken
- ☐ Onion Lemon Baked Fish
- ☐ Simmered Beef
- ☐ Dirty Rice
- ☐ Roasted Pepper Potatoes
- ☐ Carrots on the Griddle
- ☐ Creole Green Beans
- ☐ Fried Okra
- ☐ Potato Salad
- ☐ Chicken Tortilla Soup
- ☐ Minestrone Soup
- ☐ Vegan Lentil
- ☐ Snack Line Special
- ☐ Pizza
- ☐ Garden Turkey Sandwich

**DINNER MENU**

- ☐ Harvest Veg & Bean Ragout
- ☐ Grilled Pork Chops
- ☐ Cajun Meatloaf
- ☐ Red Beans & Rice
- ☐ Crispy Potato Wedges
- ☐ Corn on the Cob
- ☐ Cajun Style Vegetables
- ☐ Pea's w/ Onions
- ☐ Potato Salad
- ☐ Chicken Tortilla Soup
- ☐ Minestrone Soup
- ☐ Vegan Lentil
- ☐ Snack Line Special
- ☐ Pizza
- ☐ Garden Turkey Sandwich

5-Jun

**DINNER MENU**

- ☐ Spinach Lasagna
- ☐ Savory Baked Chicken
- ☐ Pork Carnitas
- ☐ Italian Baked Beans
- ☐ Cilantro Lime Brown Rice Pilaf
- ☐ Broccoli
- ☐ Mexican Corn
- ☐ Squash Gratin
- ☐ Macaroni Salad
- ☐ Chicken & Dumpling Soup
- ☐ Tomato Basil
- ☐ Angus Steak Chili
- ☐ Snack Line Special
- ☐ Cheese Fishwich
- ☐ Tuna Salad Sandwich
- ☐ Baked Salmon
- ☐ Pineapple BBQ Meatballs
- ☐ Honey Mustard Chicken
- ☐ Steamed Rice
- ☐ Rissolo Potatoes
- ☐ Callico Corn
- ☐ Mixed Vegetables
- ☐ Roasted Cauliflower
- ☐ Macaroni Salad
- ☐ Chicken & Dumpling Soup
- ☐ Tomato Basil
- ☐ Angus Steak Chili
- ☐ Snack Line Special
- ☐ Cheese Fishwich
- ☐ Tuna Salad Sandwich

**LUNCH MENU**

## 6-Jun UTA Weekend

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### LUNCH MENU

- Turkey & Spinach Meatloaf
- Crispy Baked Chicken
- Parmesan Fish
- Roasted Rosemary Potatoes
- Orzo w/ Lemon Herbs
- Roasted Carrots w/ Rosemary
- Brussel Sprouts
- Broccoli Polonaise
- Carrot Salad
- Shrimp Gumbo
- Garden Vegetable Soup
- Chicken Chili
- Snack Line Special
- BLT Sandwich
- Baked Beans

### DINNER MENU

- Teriyaki Chicken
- Stuffed Green Peppers
- Cheese Tortellini
- Baked Stuffed Fish
- Steamed Rice
- Baked Sweet Potatoes
- Grilled Asparagus
- Pea's w/Mushrooms
- Carrots
- Carrot Salad
- Shrimp Gumbo
- Garden Vegetable Soup
- Chicken Chili
- Snack Line Special
- BLT Sandwich
- Baked Beans

## 7-Jun UTA Weekend

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### LUNCH MENU

- Honey Ginger Chicken
- Salisbury Steak
- Fried Shrimp
- Southern Style Sweet Potatoes
- Boston Baked Beans
- Collard Greens
- Scalloped Corn
- Mixed Vegetables
- Fruit Salad
- Broccoli & Cheese Soup
- Chicken Noodle Soup
- Angus Steak Chili
- Snack Line Special
- Italian Sausage
- Chicken Salad Sandwich

### DINNER MENU

- Baked Chicken
- Southwestern Shrimp Linguine
- Beef Bulgogi
- Brown Rice
- Garlic Mashed Potatoes
- Herbed Green Beans
- Fried Okra
- Braised Cabbage
- Fruit Salad
- Broccoli & Cheese Soup
- Chicken Noodle Soup
- Angus Steak Chili
- Snack Line Special
- Italian Sausage
- Chicken Salad Sandwich

## 8-Jun

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### LUNCH MENU

- Chicken Fajitas
- Baked Fish
- Pasta Primavera
- O'Brien Potatoes
- Quinoa Southwest Pilaf
- Hacienda Corn & Black Beans
- Stewed Tomatoes
- Savory Summer Squash
- Cucumber and Onion Salad
- Chicken Tortilla Soup
- Minestrone Soup
- Vegan Lentil
- Snack Line Special
- Sloppy Joes
- Pesto Sandwich

### DINNER MENU

- Creole Fish
- Stir Fry Chicken w/ Broccoli
- Teriyaki Steak
- Steamed Rice
- Roasted Pepper Potatoes
- Pea's w/ Mushrooms
- Roasted Cauliflower
- French Style Green Beans
- Cucumber and Onion Salad
- Chicken Tortilla Soup
- Minestrone Soup
- Vegan Lentil
- Snack Line Special
- Sloppy Joes
- Pesto Sandwich

9-Jun

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**LUNCH MENU**

- Roast Beef
- Turkey Spaghetti
- Pork Chops w/ Pineapple Gaze
- Mashed Potatoes
- Rice Pilaf
- Brussel Sprouts
- Cream Corn
- Roasted Zucchini & Tomatoes
- Pasta Salad
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Tacos
- Grilled Beef and Provolone

**DINNER MENU**

- Turkey Nuggets
- Beef Stew
- Onion Lemon Baked Fish
- Wild Rice
- Oven Browned Potatoes
- Carrots
- Snow Peas
- Grilled Asparagus
- Pasta Salad
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Tacos
- Grilled Beef and Provolone

10-Jun

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**LUNCH MENU**

- Sweet & Spicy Orange Salmon
- Chili Mac
- Chicken Kabobs
- Brown Rice
- Cottage Fried Potatoes
- Peas & Carrots
- Green Beans w/ Mushrooms
- Calico Corn
- Cole Slaw
- Shrimp Gumbo
- Garden Vegetable Soup
- Angus Steak Chili
- Snack Line Special
- Hot Wings
- Chicken Salad Sandwich

**DINNER MENU**

- BBQ Chicken
- Pepper Steak
- Fried Shrimp
- Quinoa Garden Pilaf
- Roasted Peppers Potatoes
- Braised Cabbage
- Fried Okra
- Garlic Peas
- Cole Slaw
- Shrimp Gumbo
- Garden Vegetable Soup
- Angus Steak Chili
- Snack Line Special
- Hot Wings
- Chicken Salad Sandwich

11-Jun

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**LUNCH MENU**

- Almond Crusted Cod
- Hamburger Yakisoba
- Herb Baked Chicken
- Lyonnaise Potatoes
- Steamed Rice
- Roasted Brussel Sprouts
- Corn O'Brien
- French Style Peas
- Potato Salad
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Pizza
- Turkey Panni

**DINNER MENU**

- Baked Ham
- Onion Lemon Baked Fish
- Chicken Gumbo
- Brown Rice
- Mashed Potatoes
- Carrots
- Green Beans
- Broccoli Polonaise
- Potato Salad
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Pizza
- Turkey Panni

12-Jun

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**LUNCH MENU**

- BBQ Beef Cubes
- Greek Lemon Chicken
- Basil Baked Fish
- Orzo Lemon Herb
- Steamed Rice
- Grilled Asparagus
- Broccoli Combo
- Black Eyed Peas
- Macaroni Salad
- Chicken Tortilla Soup
- Minestrone Soup
- Vegan Lentil
- Snack Line Special
- Cheese Fishwich
- Tuna Salad Sandwich

**DINNER MENU**

- Cheese Tortellini
- Pineapple BBQ Meatballs
- Maple Glazed Salmon
- Islander Rice
- O'Brien Potatoes
- French Style Green Beans
- Vegetables Medley
- Roasted Cauliflower
- Macaroni Salad
- Chicken Tortilla Soup
- Minestrone Soup
- Vegan Lentil
- Snack Line Special
- Cheese Fishwich
- Tuna Salad Sandwich

13-Jun

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**LUNCH MENU**

- Lemon Pepper Baked Chicken
- Caribbean Catfish
- Braised Beef & Noodles
- Harvest Blend Rice
- Buttered Noodles
- Scalloped Corn
- Roasted Butternut Squash
- Herbed Green Beans
- Carrot Salad
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- BLT Sandwich
- Baked Beans

**DINNER MENU**

- Swiss Steak w/ Brown Gravy
- Green Peppers w/ Turkey
- Chicken Tenders
- Brown Rice w/Tomatoes
- Simmered Pinto Beans
- Peas
- Succotash
- Mediterranean Grilled Asparagus
- Carrot Salad
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- BLT Sandwich
- Baked Beans

14-Jun

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**LUNCH MENU**

- Creole Shrimp
- Asian Beef & Bourbon
- Teriyaki Chicken
- Baked Beans
- Brown Rice
- Pea's w/ Mushrooms & Onions
- Green Beans
- Southern Style Collard Greens
- Fruit Salad
- Shrimp Gumbo
- Garden Vegetable Soup
- Angus Steak Chili
- Snack Line Special
- Italian Sausage
- Chicken Salad Sandwich

**DINNER MENU**

- Honey Siracha Chicken
- Chili Mac
- Shrimp Stir Fry
- Steamed Rice
- Baked Potatoes
- Asian Stir Fry Cabbage
- Fried Okra
- Corn Combo
- Fruit Salad
- Shrimp Gumbo
- Garden Vegetable Soup
- Angus Steak Chili
- Snack Line Special
- Italian Sausage
- Chicken Salad Sandwich

15-Jun

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**LUNCH MENU**

- Sweet Potatoes w/ Black Beans & Corn
- Black Salmon w/ Herb Vinaigrette
- Mambo Pork
- Steamed Rice
- Parsley Buttered Potatoes
- Garlic Peas
- Spinach
- Green Beans w/ Mushrooms
- Cucumber and Onion Salad
- Broccoli & Cheese Soup
- Tomato Basil Soup
- Angus Steak Chili
- Snack Line Special
- Sloppy Joes
- Pesto Sandwich

**DINNER MENU**

- Chicken Scampi
- Country Style Steak
- Pasta Primavera
- Almond Crusted Cod
- Lyonnaise Rice
- Roasted Pepper Potatoes
- Corn
- Broccoli
- Cucumber and Onion Salad
- Broccoli & Cheese Soup
- Tomato Basil Soup
- Angus Steak Chili
- Snack Line Special
- Sloppy Joes
- Pesto Sandwich

16-Jun

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**LUNCH MENU**

- Beef Stir Fry
- Mr. Z Baked Chicken
- Grilled Pork Chops
- Steamed Rice
- Orzo w/ Lemon Herbs
- Fried Okra
- Asian Cabbage Stir Fry
- Green Beans
- Pasta Salad
- Chicken Tortilla Soup
- Minestrone Soup
- Vegan Lentil
- Snack Line Special
- Tacos
- Grilled Beef and Provolone

**DINNER MENU**

- BBQ Pork Tenderloin
- Baja Baked Cod
- Greek Lemon Chicken
- Scalloped Potatoes
- Buttered Noodles
- Broccoli Combo
- Mediterranean Grilled Asparagus
- Parmesan Brussel Sprouts
- Pasta Salad
- Chicken Tortilla Soup
- Minestrone Soup
- Vegan Lentil
- Snack Line Special
- Tacos
- Grilled Beef and Provolone

17-Jun

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**LUNCH MENU**

- Lasagna
- Shrimp Jambalaya
- Cajun Chicken
- Brown Rice
- Potatoes & Herbs
- Roasted Butternut Squash
- Honey peapods & Carrots
- Creole Green Beans
- Cole Slaw
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Hot Wings
- Chicken Salad Sandwich

**DINNER MENU**

- Roast Pork Tenderloin
- Ginger BBQ Chicken
- Shrimp Stir Fry
- Steamed Rice
- Baked Potato Halves
- Cabbage w/ Bacon
- Corn O'Brien
- Roasted Brussel Sprouts
- Cole Slaw
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Hot Wings
- Chicken Salad Sandwich

## 18-Jun

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### LUNCH MENU

- ☐ Grilled Salmon w/Citrus Butter
- ☐ Meat Loaf
- ☐ Parmesan Chicken
- ☐ Spicy Brown Rice
- ☐ Mashed Potatoes Wedges
- ☐ Broccoli
- ☐ Herbed Green Beans
- ☐ Carrots
- ☐ Potato Salad
- ☐ Shrimp Gumbo
- ☐ Garden Vegetable Soup
- ☐ Chicken Chili
- ☐ Snack Line Special
- ☐ Pizza
- ☐ Turkey Panni

### DINNER MENU

- ☐ Hot & Spicy Chicken
- ☐ Pasta Tuscona
- ☐ Cantonese Ribs
- ☐ Crispy Potato Wedges
- ☐ Quinoa Garbanzo Beans
- ☐ Fried Okra
- ☐ Green Beans w/ Mushrooms
- ☐ Cream Style Corn
- ☐ Potato Salad
- ☐ Shrimp Gumbo
- ☐ Garden Vegetable Soup
- ☐ Chicken Chili
- ☐ Snack Line Special
- ☐ Pizza
- ☐ Turkey Panni

## 19-Jun

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### LUNCH JUNETEENTH MENU

- ☐ BBQ Ribs
- ☐ Southern Fried Catfish
- ☐ Jamaican Chicken
- ☐ Red Bean & Rice
- ☐ Glazed Sweet Potatoes
- ☐ Herb Green Beans
- ☐ Southern Collard Greens
- ☐ Blackeye Peas
- ☐ Macaroni Salad
- ☐ Broccoli & Cheese Soup
- ☐ Chicken Noodle Soup
- ☐ Angus Steak Chili
- ☐ Snack Line Special
- ☐ Cheese Fishwich
- ☐ Tuna Salad Sandwich
- ☐ Macaroni Salad
- Broccoli & Cheese Soup
- Tomato Basil Soup
- Chicken Chili
- ☐ Snack Line Special
- ☐ Cheese Fishwich
- ☐ Tuna Salad Sandwich

### DINNER MENU

- ☐ Baked Fish w/ Lemon Garlic Butter
- ☐ Chicken Lime Tacos
- ☐ Braised Beef & Noodles
- ☐ Garlic Mashed Potatoes
- ☐ Mexican Rice
- ☐ Mexican Street Corn
- ☐ Ginger Glazed Carrots
- ☐ Green Beans
- ☐ Macaroni Salad
- ☐ Broccoli & Cheese Soup
- ☐ Chicken Noodle Soup
- ☐ Angus Steak Chili
- ☐ Snack Line Special
- ☐ Cheese Fishwich
- ☐ Tuna Salad Sandwich

## 20-Jun

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### LUNCH MENU

- ☐ Grilled Pork Chops
- ☐ Savory Baked Chicken
- ☐ BBQ Beef Cubes
- ☐ Brown Rice
- ☐ Cottage Fried Potatoes
- ☐ Corn on the Cob
- ☐ Fried Cauliflower
- ☐ Braised Cabbage
- ☐ Carrot Salad
- ☐ Chicken Tortilla Soup
- ☐ Minestrone Soup

### DINNER MENU

- ☐ Chesapeake Bay Shrimp
- ☐ Chicken Kabob
- ☐ Pasta Primavera
- ☐ Glazed Sweet Potatoes
- ☐ Hopping John
- ☐ Garlic Sauteed Spinach
- ☐ Pea's w/ Onions
- ☐ French Cut Green Beans
- ☐ Carrot Salad
- ☐ Chicken Tortilla Soup
- ☐ Minestrone Soup

## 21-Jun

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### LUNCH MENU

- Cheese Tortellini
- Pepper Steak
- Bourbon Chicken
- Steamed Rice
- Roasted Peppers Red Potatoes
- Roasted Carrots w/ Rosemary
- Corn Combo
- Broccoli Parmesan
- Fruit Salad
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Italian Sausage
- Chicken Salad Sandwich

### DINNER MENU

- Beef Stew
- Lemon Baked Fish
- Herbed Baked Chicken
- Mashed Potatoes
- Rice Pilaf
- Green Beans
- Vegetables Stir Fry
- Corn
- Fruit Salad
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Italian Sausage
- Chicken Salad Sandwich

## 22-Jun

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### LUNCH MENU

- Greek Lemon Chicken
- Basil Baked Fish
- Pasta Primavera
- Parsley Buttered Potatoes
- Brown Rice
- Carrots
- Greek Style Vegetables
- French Green Beans
- Cucumber and Onion Salad
- Shrimp Gumbo
- Garden Vegetable Soup
- Chicken Chili
- Snack Line Special
- Sloppy Joes
- Pesto Sandwich

### DINNER MENU

- Chicken Gumbo
- Braised Ribs
- Fried Shrimp
- Steamed Rice
- Orzo w/ Spinach & Tomato
- Herb Green Beans
- Peas & Carrots
- Broccoli
- Cucumber and Onion Salad
- Shrimp Gumbo
- Garden Vegetable Soup
- Chicken Chili
- Snack Line Special
- Sloppy Joes
- Pesto Sandwich

## 23-Jun

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### LUNCH MENU

- BBQ Pork Loin
- Meat Loaf
- BBQ Chicken
- Baked Macaroni and Cheese
- Mashed Potatoes
- Black-Eyed Peas
- Cabbage w/ Bacon
- Corn on the Cob
- Pasta Salad
- Broccoli & Cheese Soup

### DINNER MENU

- Mexican Baked Chicken
- Southwestern Fish
- Beef Fajitas
- Mexican Rice
- Refried beans w/Cheese
- Hacienda Green Beans
- Mexican Corn
- Roasted Brussel Sprouts
- Pasta Salad

24-Jun

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**LUNCH MENU**

- Roasted Pork Tenderloin
- Citrus Herb Chicken
- Mediterranean Salmon
- Roasted Potatoes
- Brown Rice
- Roasted Cauliflowers
- Peas
- Broccoli Polonaise
- Cole Slaw
- Chicken Tortilla Soup
- Minestrone Soup
- Vegan Lentil
- Snack Line Special
- Hot Wings
- Chicken Salad Sandwich

**DINNER MENU**

- Baked Salmon
- Grilled Steak
- Portobello Mushrooms Fajitas
- Rice Pilaf
- Baked Beans
- Spinach
- Cajun Style Vegetables
- Scallop Corn
- Cole Slaw
- Chicken Tortilla Soup
- Minestrone Soup
- Vegan Lentil
- Snack Line Special
- Hot Wings
- Chicken Salad Sandwich

25-Jun

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**LUNCH MENU**

- Country Style Steak
- Baked Chicken
- Fried Catfish
- Boston Baked Beans
- Brown Rice
- Corn on the Cob
- Pea's w/ Mushrooms & Onions
- Stewed Tomatoes
- Potato Salad
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Pizza
- Turkey Panni

**DINNER MENU**

- Chicken & Broccoli Stir Fry
- Shrimp Kabob
- Teriyaki Steak
- Steamed Rice
- Roasted Red Potatoes
- Asian Stir Fry Cabbage
- Corn O'Brien
- Herb Green Beans
- Potato Salad
- Chicken & Dumpling Soup
- Tomato Basil
- Angus Steak Chili
- Snack Line Special
- Pizza
- Turkey Panni

26-Jun

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**LUNCH MENU**

- Grilled Pork Chops
- Creole Shrimp
- Creole Baked Chicken
- Wild Rice
- Mashed Potatoes
- Garlic Sauteed Spinach
- Mixed Vegetables
- Garlic Peas
- Macaroni Salad
- Shrimp Gumbo
- Garden Vegetable Soup
- Chicken Chili
- Snack Line Special
- Cheese Fishwich
- Tuna Salad Sandwich

**DINNER MENU**

- Italian Broccoli Pasta
- Savory Baked Chicken
- Parmesan Fish
- Italian Style Baked Beans
- Oven Browned Potatoes
- Roasted Cauliflower
- Carrots on the Griddle
- Broccoli
- Macaroni Salad
- Shrimp Gumbo
- Garden Vegetable Soup
- Chicken Chili
- Snack Line Special
- Cheese Fishwich
- Tuna Salad Sandwich

27-Jun

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**LUNCH MENU**

- ☐ Beef Stew
- ☐ Pork Schnitzel
- ☐ Lemon Pepper Catfish
- ☐ Steamed Rice
- ☐ Noodles Jefferson
- ☐ Roasted Corn
- ☐ Herb Green Beans
- ☐ Roasted Brussel Sprouts
- ☐ Carrot Salad
- ☐ Broccoli & Cheese Soup
- ☐ Chicken Noodle Soup
- ☐ Angus Steak Chili
- ☐ Snack Line Special
- ☐ BLT Sandwich
- ☐ Baked Beans

**DINNER MENU**

- ☐ Crispy Baked Chicken
- ☐ Swedish Meat Balls
- ☐ Sweet & Spicy Salmon
- ☐ Baked Sweet Potatoes
- ☐ Red Beans & Rice
- ☐ Southern Collard Greens
- ☐ Broccoli
- ☐ Stewed Tomatoes
- ☐ Carrot Salad
- ☐ Broccoli & Cheese Soup
- ☐ Chicken Noodle Soup
- ☐ Angus Steak Chili
- ☐ Snack Line Special
- ☐ BLT Sandwich
- ☐ Baked Beans

28-Jun

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**LUNCH MENU**

- ☐ Oven Fried Fish
- ☐ Lemon Turkey Pasta
- ☐ Steak Ranchero
- ☐ Cottage Fried Potatoes
- ☐ Steamed Rice
- ☐ Carrots
- ☐ Corn
- ☐ Braised Cabbage
- ☐ Fruit Salad
- ☐ Chicken Tortilla Soup
- ☐ Minestrone Soup
- ☐ Vegan Lentil
- ☐ Snack Line Special
- ☐ Italian Sausage
- ☐ Chicken Salad Sandwich

**DINNER MENU**

- ☐ Roast Beef
- ☐ Chicken Cacciatore
- ☐ Pasta Provencal
- ☐ Dirty Rice
- ☐ Mashed Potatoes
- ☐ Black Eyed Peas
- ☐ Carrots on the Griddle
- ☐ Mixed Vegetables
- ☐ Fruit Salad
- ☐ Chicken Tortilla Soup
- ☐ Minestrone Soup
- ☐ Vegan Lentil
- ☐ Snack Line Special
- ☐ Italian Sausage
- ☐ Chicken Salad Sandwich

29-Jun

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**LUNCH MENU**

- ☐ Beef Teriyaki
- ☐ Tuscan Chicken
- ☐ Creole Fish
- ☐ Jalapeno Rice
- ☐ Roasted Pepper Potatoes
- ☐ Pea's w/ Mushrooms
- ☐ Roasted Cauliflower
- ☐ French Style Green Beans
- ☐ Cucumber and Onion Salad
- ☐ Chicken & Dumpling Soup
- ☐ Tomato Basil
- ☐ Angus Steak Chili
- ☐ Snack Line Special
- ☐ Sloppy Joes
- ☐ Pesto Sandwich

**DINNER MENU**

- ☐ Chicken Ala King
- ☐ Baked Fish
- ☐ Pasta Primavera
- ☐ O'Brien Potatoes
- ☐ Quinoa Southwest Pilaf
- ☐ Hacienda Corn & Black Beans
- ☐ Peas
- ☐ Stewed Tomatoes
- ☐ Cucumber and Onion Salad
- ☐ Chicken & Dumpling Soup
- ☐ Tomato Basil
- ☐ Angus Steak Chili
- ☐ Snack Line Special
- ☐ Sloppy Joes
- ☐ Pesto Sandwich

30-Jun

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**LUNCH MENU**

- ☐ Chicken Ala King
- ☐ Baked Fish
- ☐ Pasta Primavera
- ☐ O'Brien Potatoes
- ☐ Quinoa Southwest Pilaf
- ☐ Hacienda Corn & Black Beans
- ☐ Peas
- ☐ Stewed Tomatoes
- ☐ Cucumber and Onion Salad
- ☐ Chicken & Dumpling Soup
- ☐ Tomato Basil
- ☐ Angus Steak Chili
- ☐ Snack Line Special
- ☐ Sloppy Joes
- ☐ Pesto Sandwich

**DINNER MENU**

- ☐ Honey Sriracha Chicken
  - ☐ Baked Salmon
  - ☐ Caribbean Curry Beef
  - ☐ Steamed Rice
  - ☐ Garlic Mashed Potatoes
  - ☐ Herb Green Beans
  - ☐ Fried Okra
  - ☐ Braised Cabbage
  - ☐ Pasta Salad
  - ☐ Shrimp Gumbo
  - ☐ Garden Vegetable Soup
  - ☐ Chicken Chili
  - ☐ Snack Line Special
  - ☐ Tacos
  - ☐ Grilled Beef and Provolone
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